

# The Poppy Half Marathon

13th November 2011



Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
1	36	James	Baker	MS	1	M	Chichester Runners & A.C	0:17:41.30	0:18:00.70	0:18:36.05	0:18:43.35	1:13:01.85	1:13:01.40
2	17	DANIEL	ANDERSON	MS	2	M	HASTINGS AC	0:17:52.60	0:18:37.15	0:19:06.30	0:19:22.35	1:14:58.65	1:14:58.40
3	219	Dominic	Elsby	MS	3	M	Victoria Park Harriers	0:18:06.05	0:19:00.25	0:19:16.45	0:19:24.20	1:15:47.20	1:15:46.95
4	475	James	Mountford	MS	4	M		0:18:48.00	0:19:09.90	0:19:34.55	0:19:48.85	1:17:21.95	1:17:21.30
5	474	Henry	Mountcastle	MV1	1	M	Hastings AC	0:19:11.05	0:19:32.75	0:20:19.40	0:21:25.25	1:20:29.15	1:20:28.45
6	197	Glenn	Driver	MS	5	M		0:19:42.60	0:20:22.80	0:20:23.95	0:20:55.75	1:21:26.90	1:21:25.10
7	690	Joshua	Varney	MS	6	M	Hastings AC	0:19:42.40	0:19:55.70	0:20:34.25	0:21:44.00	1:21:58.10	1:21:56.35
8	137	Ben	Cockburn	MS	7	M	Blackheath & Bromley Harriers	0:19:42.85	0:19:55.85	0:21:49.30	0:22:10.70	1:23:39.70	1:23:38.70
9	503	Tina	Oldershaw	FV2	1	F	Paddock Wood AC	0:20:24.35	0:20:53.90	0:21:21.25	0:21:38.40	1:24:18.45	1:24:17.90
10	512	Michael	Pain	MV2	1	M	Wadhurst Runners	0:21:09.10	0:20:49.30	0:21:08.90	0:21:24.10	1:24:32.70	1:24:31.40
11	72	Mark	Boulton	MS	8	M	East London Runners	0:20:17.60	0:20:57.75	0:21:52.60	0:21:53.75	1:25:04.80	1:25:01.70
12	716	Steve	Wigmore	MV2	2	M	Horsham Joggers	0:20:48.50	0:20:58.70	0:21:17.10	0:22:05.10	1:25:14.00	1:25:09.40
13	726	Keir	Williams	MS	9	M	Ashford Tri Club	0:21:15.85	0:20:43.20	0:21:26.80	0:21:55.90	1:25:22.65	1:25:21.75
14	114	Phillip	Carr	MV2	3	M	seaford striders	0:20:22.45	0:21:27.40	0:21:45.35	0:22:19.95	1:25:57.50	1:25:55.15
15	457	Ben	Milford	MS	10	M		0:21:02.35	0:21:14.80	0:21:44.20	0:21:58.00	1:26:01.45	1:25:59.35
16	89	Keith	Brown	MV1	2	M	sevenoaks ac	0:20:22.60	0:21:27.70	0:21:46.15	0:22:30.10	1:26:07.50	1:26:06.55
17	240	SIMON	FLATAU	MS	11	M		0:21:46.95	0:21:48.25	0:22:23.20	0:21:51.05	1:27:52.40	1:27:49.45
18	598	Robert	Sharpe	MS	12	M	Striders of Croydon	0:21:22.30	0:21:51.15	0:22:24.85	0:22:27.20	1:28:08.30	1:28:05.50
19	64	Danny	Blackman	MS	13	M	Hastings Runners	0:20:49.95	0:21:39.85	0:22:37.45	0:23:02.65	1:28:13.55	1:28:09.90
20	35	Matthew	Bailey	MS	14	M		0:21:02.80	0:22:10.00	0:22:45.55	0:23:08.20	1:29:09.80	1:29:06.55
21	297	Kent	Hammond	MS	15	M		0:21:05.25	0:22:05.90	0:22:57.50	0:23:21.60	1:29:30.95	1:29:30.25
22	241	John	Fletcher	MS	16	M	Dulwich Runners	0:23:00.55	0:23:35.65	0:22:15.45	0:20:47.75	1:29:39.95	1:29:39.40
23	205	JOHN	DYCKES	MV4	1	M	HORSHAM JOGGERS	0:22:02.25	0:22:31.05	0:22:48.05	0:22:23.30	1:29:47.40	1:29:44.65
24	95	Craig	Burnett	MV1	3	M		0:22:31.65	0:22:17.70	0:22:27.45	0:22:30.35	1:29:50.65	1:29:47.15
25	390	Sergey	Kvitkin	MS	17	M		0:21:20.15	0:22:17.95	0:22:49.45	0:23:24.15	1:29:57.30	1:29:51.70
26	614	Sean	Smith	MS	18	M		0:22:25.80	0:22:30.25	0:23:18.00	0:22:23.15	1:30:46.30	1:30:37.20
27	258	David	gibb	MS	19	M		0:21:59.80	0:22:50.00	0:22:54.90	0:23:09.40	1:30:58.10	1:30:54.10
28	508	Ed	Osborne	MS	20	M	Beckenham RC	0:22:02.05	0:22:07.55	0:22:44.10	0:24:11.35	1:31:08.55	1:31:05.05
29	515	Chelle	Palmer-Harris	FS	1	F	Worthing Harriers	0:22:02.25	0:22:08.50	0:23:58.60	0:23:06.95	1:31:19.25	1:31:16.30
30	2	Harry	Abraham	MV2	4	M	Paddock Wood AC	0:21:48.80	0:22:37.15	0:23:24.80	0:23:45.20	1:31:37.60	1:31:35.95
31	434	Iain	Martin	MV2	5	M	Brighton Phoenix Tri	0:21:48.85	0:22:12.45	0:23:03.05	0:24:41.50	1:31:47.40	1:31:45.85

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32	118	Matthew	Chapman	MV1	4	M	Striders Of Croydon	0:22:27.70	0:22:39.30	0:23:05.75	0:23:38.20	1:32:04.45	1:31:50.95
33	48	Jakub	Bazant	MS	21	M	Gravesend Road Runner	0:21:32.65	0:22:48.05	0:23:24.75	0:24:16.55	1:32:06.70	1:32:02.00
34	164	Martin	Croucher	MS	22	M	Cirencester AC	0:22:02.80	0:22:22.15	0:23:17.20	0:24:34.50	1:32:20.10	1:32:16.65
35	571	Tony	Riley	MV1	5	M		0:22:00.00	0:22:54.75	0:23:23.05	0:24:18.60	1:32:42.20	1:32:36.40
36	521	Jonathan	Payne	MS	23	M	Sandhurst Joggers	0:20:55.30	0:22:26.75	0:23:51.05	0:25:33.85	1:32:48.25	1:32:46.95
37	711	John	Western	MV2	6	M	Hastings Runners	0:22:51.20	0:23:00.95	0:23:14.45	0:23:38.35	1:32:52.50	1:32:44.95
38	46	Andrew	Baxter	MV1	6	M	East London Runners	0:21:27.20	0:22:06.30	0:22:48.30	0:26:27.70	1:32:53.90	1:32:49.50
39	55	Stephan	Beatty	MS	24	M	Serpentine RC	0:22:54.90	0:22:57.75	0:23:22.90	0:23:39.85	1:33:01.90	1:32:55.40
40	659	Gavin	Thompson	MS	25	M		0:21:29.60	0:22:52.60	0:24:29.50	0:24:16.50	1:33:10.00	1:33:08.20
41	540	Greig	Poulter	MV1	7	M		0:22:00.55	0:22:51.05	0:24:00.50	0:24:31.25	1:33:28.25	1:33:23.35
42	407	Jamie	Liddell	MS	26	M		0:22:00.95	0:23:19.70	0:24:15.70	0:23:54.75	1:33:35.70	1:33:31.10
43	689	Ashley	Varley	MS	27	M	Hastings Runners	0:22:20.15	0:22:44.00	0:23:46.25	0:24:23.65	1:33:36.15	1:33:14.05
44	209	Matt	East	MS	28	M	Hastings Runners	0:22:20.60	0:22:45.60	0:23:44.95	0:24:23.35	1:33:36.80	1:33:14.50
45	279	Alan	Greig	MV1	8	M	horsham joggers	0:22:00.85	0:23:24.15	0:23:54.75	0:24:17.20	1:33:40.20	1:33:36.95
46	668	Alan	Thornton	MV3	1	M	hailsham harriers	0:22:03.60	0:22:52.70	0:24:08.65	0:24:44.45	1:33:53.10	1:33:49.40
47	615	William T	Solly	MV5	1	M		0:22:25.90	0:22:58.55	0:23:53.25	0:24:29.30	1:33:57.50	1:33:47.00
48	20	Nuno	Andrade	MS	29	M	East End Road Runners	0:23:26.80	0:23:24.15	0:24:01.65	0:22:53.25	1:33:58.75	1:33:45.85
49	723	David	Williams	MS	30	M		0:22:17.70	0:22:57.25	0:23:34.05	0:25:28.95	1:34:21.40	1:34:17.95
50	176	Bert	De Backker	MS	31	M	Wimbledon Windmilers	0:23:23.40	0:23:17.55	0:23:47.50	0:23:42.60	1:34:28.05	1:34:11.05
51	239	Jennifer	Fitzgerald	FV1	1	F		0:22:30.80	0:23:21.30	0:24:27.35	0:24:19.90	1:34:48.15	1:34:39.35
52	595	Mark	Scott	MS	32	M		0:21:58.85	0:23:04.75	0:24:58.60	0:24:44.15	1:34:55.95	1:34:46.35
53	215	Alan	Egan	MS	33	M		0:22:27.20	0:22:36.60	0:24:10.55	0:25:07.40	1:35:10.80	1:34:21.75
54	399	Rob	Lee	MV2	7	M		0:22:27.15	0:22:56.35	0:23:58.40	0:25:49.35	1:35:21.15	1:35:11.25
55	202	Chris	Dunkley	MS	34	M		0:23:16.10	0:24:02.60	0:24:03.65	0:23:56.80	1:35:21.80	1:35:19.15
56	397	Robert	Leach	MV5	2	M	New Eltham Joggers	0:23:26.90	0:23:33.10	0:24:21.30	0:24:08.60	1:35:34.15	1:35:29.90
57	244	Mark	Fox	MV1	9	M	hailsham harriers	0:21:54.60	0:23:03.35	0:23:57.35	0:26:40.40	1:35:38.25	1:35:35.70
58	486	Charlotte	Neal	FV1	2	F		0:23:16.20	0:24:02.80	0:24:03.80	0:24:20.85	1:35:46.20	1:35:43.65
59	621	David	Spikings	MS	35	M		0:23:05.55	0:24:15.50	0:24:39.10	0:24:07.30	1:36:11.40	1:36:07.45
60	62	Russ	Bestley	MV2	8	M	Portsmouth Jogger	0:23:00.80	0:24:20.40	0:24:37.15	0:24:18.00	1:36:17.55	1:36:16.35
61	513	Andy	Paine	MS	36	M		0:23:25.80	0:23:50.40	0:24:24.50	0:24:37.90	1:36:24.80	1:36:18.60
62	546	Emily	Proto	FS	2	F	Arena 80 AC	0:23:04.80	0:23:42.00	0:24:40.60	0:25:01.65	1:36:30.55	1:36:29.05
63	425	Michael	Mackay	MV2	9	M	Wadhurst Runners	0:22:34.65	0:23:48.40	0:24:47.80	0:25:24.95	1:36:38.05	1:36:35.80
64	405	Paul	Lewis	MV2	10	M	East End Road Runners	0:23:26.50	0:23:24.30	0:24:13.05	0:25:21.60	1:36:38.65	1:36:25.45
65	472	Peter	Morley	MV3	2	M		0:23:20.70	0:23:50.15	0:24:30.55	0:24:49.90	1:36:41.50	1:36:31.30
66	127	JOHN	CLARK	MV4	2	M		0:23:28.80	0:23:42.55	0:24:33.40	0:25:02.55	1:36:51.55	1:36:47.30
67	384	Philipp	Kickingreder	MS	37	M		0:23:33.55	0:24:00.55	0:24:28.75	0:24:48.95	1:36:58.75	1:36:51.80
68	591	Tom	Sanderson	MS	38	M	Phoenix AC	0:23:36.95	0:23:40.60	0:24:32.50	0:25:16.50	1:37:17.40	1:37:06.55

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69	157	Mark	Crosby	MV3	3	M		0:23:50.80	0:24:15.95	0:24:40.90	0:24:33.00	1:37:36.45	1:37:20.65
70	248	Steve	Frazer	MS	39	M		0:23:21.55	0:23:20.90	0:24:30.75	0:26:01.70	1:37:52.45	1:37:14.90
71	201	Jeanette	Dumbrell	FV2	2	F	Bexhill Runners	0:23:39.45	0:24:17.25	0:24:43.05	0:25:34.55	1:38:16.55	1:38:14.30
72	14	Alex Reis	Alves	MV1	10	M		0:23:46.75	0:24:26.05	0:24:48.85	0:25:11.85	1:38:23.85	1:38:13.50
73	139	Stephen	Cole	MS	40	M	team lifestyle	0:23:11.70	0:24:06.75	0:25:12.05	0:25:37.75	1:38:25.90	1:38:08.25
74	39	Gary	Baker	MV1	11	M		0:24:10.65	0:24:11.25	0:24:57.30	0:24:45.35	1:38:27.75	1:38:04.55
75	364	Johnstone	Jason	MS	41	M	Hastings ac	0:21:50.80	0:25:50.10	0:24:36.20	0:26:11.75	1:38:29.65	1:38:28.85
76	106	Mark	Cage	MV1	12	M	The Running Inn Eastbourne	0:22:43.75	0:23:48.05	0:25:26.25	0:26:26.35	1:38:30.60	1:38:24.40
77	339	Chris	Horrigan	MV2	11	M	wimbledon windmilers	0:24:21.95	0:24:15.65	0:24:48.55	0:24:37.00	1:38:32.30	1:38:03.15
78	544	Malcolm	Preece	MV2	12	M		0:24:22.65	0:24:02.90	0:24:39.25	0:25:13.55	1:38:37.10	1:38:18.35
79	536	Karl	Pizer	MS	42	M		0:23:04.00	0:23:00.65	0:24:10.75	0:28:09.15	1:38:37.40	1:38:24.55
80	704	Peter	Watts	MV5	3	M	Swanley & District AC	0:22:56.50	0:24:13.60	0:25:24.55	0:26:05.25	1:38:45.70	1:38:39.90
81	479	Carolyn	Mullen	FS	3	F		0:25:09.30	0:24:08.95	0:24:34.25	0:24:26.85	1:38:46.00	1:38:19.35
82	32	Terry	Avey	MV5	4	M	Phoenix AC	0:22:33.85	0:23:47.40	0:24:41.20	0:27:42.90	1:38:48.00	1:38:45.35
83	596	Miles	Seavill	MS	43	M		0:23:24.45	0:24:00.25	0:25:20.60	0:25:56.95	1:38:52.15	1:38:42.25
84	654	Erica	Terblanche	FV2	3	F		0:23:53.75	0:24:17.50	0:25:33.50	0:25:04.50	1:38:59.00	1:38:49.25
85	231	Ali	Farrall	FV1	3	F	Wadhurst Runners	0:23:41.40	0:24:36.85	0:25:28.35	0:25:23.05	1:39:15.35	1:39:09.65
86	466	Carl	Mitchell	MV1	13	M		0:22:05.20	0:24:01.80	0:26:02.00	0:27:02.85	1:39:16.30	1:39:11.85
87	22	Jonathan	Andrews	MV2	13	M		0:22:55.50	0:24:17.10	0:25:34.40	0:26:25.35	1:39:17.60	1:39:12.35
88	514	Gavin	Palmer	MV1	14	M		0:23:50.10	0:25:01.80	0:25:22.55	0:25:03.45	1:39:21.40	1:39:17.90
89	211	Matt	Edmonds	MS	44	M		0:24:51.65	0:24:27.55	0:25:04.05	0:25:06.90	1:39:47.20	1:39:30.15
90	619	Rob	Spencer	MS	45	M		0:23:48.90	0:24:30.80	0:25:40.95	0:25:48.90	1:39:54.80	1:39:49.55
91	693	Lily	Vogiatzis	FS	4	F	Hastings Runners	0:24:55.15	0:24:19.70	0:24:54.80	0:25:19.95	1:39:58.50	1:39:29.60
92	375	Simon	Jones	MS	46	M		0:25:00.00	0:24:48.75	0:24:49.20	0:25:08.60	1:39:58.65	1:39:46.55
93	292	Kim	Hainsworth	FS	5	F	Dulwich Runners	0:23:53.80	0:24:54.70	0:25:27.70	0:25:29.95	1:39:59.40	1:39:46.15
94	578	Jon	Roper	MV2	14	M	Tuff-Fitty Triathlon Club	0:24:12.00	0:24:48.95	0:25:19.10	0:25:33.10	1:40:00.45	1:39:53.15
95	707	Nick	Webb	MV3	4	M	Hastings Runners	0:24:16.75	0:25:54.65	0:25:50.45	0:24:12.75	1:40:21.80	1:40:14.60
96	111	Glenn	Campbell	MV1	15	M	Tunbridge Wells Harriers	0:25:42.70	0:25:14.20	0:24:39.40	0:24:14.10	1:40:25.30	1:39:50.40
97	594	Stephen	Scobie	MV2	15	M		0:24:30.40	0:24:29.05	0:25:07.05	0:26:18.85	1:40:34.55	1:40:25.35
98	238	Mark	Fincher	MV1	16	M	Dartford&White Oak Tri	0:22:56.65	0:24:11.05	0:26:16.55	0:27:21.20	1:40:50.50	1:40:45.45
99	449	Paul	McManus	MV2	16	M	Lingfield RC	0:24:18.05	0:24:39.95	0:25:27.95	0:26:22.20	1:40:54.75	1:40:48.15
100	174	John	Davis	MV2	17	M		0:23:19.65	0:24:39.85	0:26:16.95	0:26:35.75	1:41:04.35	1:40:52.20
101	145	Steven	Collins	MS	47	M		0:24:07.95	0:25:07.25	0:25:44.15	0:25:26.45	1:41:09.20	1:40:25.80
102	435	Jamie	Martin	MV1	17	M		0:24:49.80	0:24:57.70	0:25:41.80	0:25:22.05	1:41:14.65	1:40:51.35
103	269	Caroline	Gourri	FS	6	F		0:25:45.55	0:25:05.15	0:24:51.55	0:24:53.10	1:41:17.30	1:40:35.35
104	431	Rebecca	Mann	FS	7	F		0:23:57.05	0:25:38.75	0:25:44.85	0:26:09.90	1:41:32.90	1:41:30.55
105	658	Mike	Thompson	MV3	5	M		0:23:21.30	0:24:53.70	0:25:57.30	0:27:25.70	1:41:44.10	1:41:38.00

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106	664	Jason	Thorburn	MV1	18	M	Dulwich Runners	0:24:12.00	0:25:11.00	0:25:29.40	0:26:41.70	1:41:47.15	1:41:34.10
107	359	David	Irons	MV1	19	M		0:24:56.85	0:25:10.75	0:25:21.35	0:26:12.05	1:41:54.80	1:41:41.00
108	152	Neil	Baker	MV2	18	M	Lewes A.C.	0:23:36.50	0:24:38.95	0:25:02.05	0:26:13.70	1:42:08.20	1:39:31.20
109	102	DAVID	BUTLER	MS	48	M		0:24:58.55	0:25:15.90	0:25:57.90	0:25:56.50	1:42:10.95	1:42:08.85
110	388	John	Kirk	MV3	6	M		0:24:59.20	0:24:45.65	0:25:41.00	0:26:38.60	1:42:11.75	1:42:04.45
111	344	Mick	Hrabe	MS	49	M	Dartford&White Oak Tri	0:24:43.40	0:25:10.15	0:25:51.15	0:26:22.20	1:42:12.40	1:42:06.90
112	548	Wendy	Prowse	FV1	4	F		0:24:31.70	0:25:25.50	0:26:09.60	0:26:05.50	1:42:31.10	1:42:12.30
113	423	Ivan	Lyons	MV1	20	M		0:25:24.05	0:25:05.70	0:25:37.65	0:26:16.25	1:42:33.25	1:42:23.65
114	656	Rob	Thomas	MV2	19	M	Hastings Runners	0:24:13.20	0:25:12.20	0:26:12.30	0:26:48.40	1:42:33.90	1:42:26.10
115	261	Dave	Gilchrist	MS	50	M		0:24:59.60	0:24:48.20	0:25:37.70	0:27:04.60	1:42:35.00	1:42:30.10
116	539	John	Podesta	MV1	21	M		0:22:58.30	0:24:29.40	0:26:40.50	0:28:25.50	1:42:40.20	1:42:33.70
117	582	Ivor	Rumsey	MV4	3	M		0:24:10.75	0:24:55.55	0:26:20.80	0:27:15.70	1:42:45.00	1:42:42.80
118	226	Ben	Evet	MS	51	M		0:24:38.20	0:25:15.05	0:25:55.80	0:26:37.20	1:42:45.95	1:42:26.25
119	109	Luiz	Camargo	MV2	20	M		0:25:05.30	0:26:11.15	0:25:36.70	0:25:47.25	1:42:48.70	1:42:40.40
120	80	John	Bradshaw	MV1	22	M		0:25:12.45	0:24:43.70	0:25:34.25	0:26:58.35	1:42:50.20	1:42:28.75
121	491	Ansu	Njie	MS	52	M		0:30:07.70	0:25:46.75	0:23:17.95	0:23:05.00	1:42:58.65	1:42:17.40
122	574	Oliver	Robinson	MS	53	M		0:25:52.75	0:26:03.05	0:25:24.60	0:25:17.90	1:43:00.35	1:42:38.30
123	558	Tony	Rea	MV6	1	M	Dragons Running Club (Leeds)	0:25:39.15	0:25:52.30	0:25:39.15	0:25:49.55	1:43:05.45	1:43:00.15
124	411	Patrick	Lines	MV2	21	M	Blackwater Valley Runners	0:24:12.65	0:25:17.15	0:25:11.90	0:25:54.10	1:43:12.80	1:40:35.80
125	76	Steve	Bowles	MV3	7	M	Larkfield AC	0:24:30.15	0:25:17.30	0:26:09.60	0:27:10.25	1:43:13.65	1:43:07.30
126	443	Andrew	McGahey	MS	54	M		0:23:27.00	0:24:51.40	0:25:36.30	0:29:28.15	1:43:26.10	1:43:22.85
127	477	Ben	Muggridge	MS	55	M		0:26:32.10	0:25:56.45	0:25:52.20	0:24:45.05	1:43:26.20	1:43:05.80
128	153	Simon	Cox	MS	56	M		0:26:36.15	0:25:48.90	0:25:36.10	0:25:11.10	1:43:29.50	1:43:12.25
129	406	Richard	Ley	MS	57	M		0:24:44.60	0:25:29.70	0:26:25.40	0:26:53.70	1:43:38.90	1:43:33.40
130	465	Lee	Mitchell	MS	58	M		0:24:51.90	0:25:25.10	0:25:47.45	0:27:02.85	1:43:41.80	1:43:07.30
131	255	Steve	Gardner	MV2	22	M		0:25:20.75	0:25:18.45	0:25:56.65	0:27:09.75	1:43:53.70	1:43:45.60
132	149	Andrew	Cork	MS	59	M		0:25:44.75	0:26:00.45	0:25:34.65	0:26:10.00	1:44:02.05	1:43:29.85
133	175	Michael	Davison	MV2	23	M		0:26:30.90	0:25:53.20	0:25:59.20	0:25:37.15	1:44:18.05	1:44:00.45
134	679	Luca	Trebino	MV2	24	M		0:23:56.40	0:25:51.55	0:26:35.55	0:27:56.75	1:44:23.35	1:44:20.25
135	298	Robert	Hammond	MS	60	M		0:26:00.55	0:25:49.70	0:25:48.10	0:26:23.40	1:44:27.55	1:44:01.75
136	299	Kerry	Harmer	FV2	4	F		0:26:00.55	0:25:49.70	0:25:48.10	0:26:23.40	1:44:27.55	1:44:01.75
137	18	Steven	Anderson	MV1	23	M		0:26:21.90	0:26:01.30	0:25:49.35	0:25:52.00	1:44:30.00	1:44:04.55
138	272	Robert	Grasso	MS	61	M		0:29:58.65	0:25:01.55	0:24:51.70	0:24:05.15	1:44:31.90	1:43:57.05
139	419	Sally	Lovell	FV4	1	F	Hastings Runners	0:25:15.65	0:25:50.20	0:26:51.45	0:26:21.65	1:44:35.00	1:44:18.95
140	516	Glenn	Parisi	MV2	25	M	Tuff-Fitty Triathlon Club	0:25:39.20	0:26:09.85	0:26:25.10	0:26:18.25	1:44:39.55	1:44:32.40
141	747	Joshua	Cunningham	MS	62	M		0:24:31.50	0:24:54.20	0:26:09.50	0:29:01.30	1:44:51.90	1:44:36.50
142	228	Mark	Fairbrother	MS	63	M		0:25:24.00	0:25:47.40	0:26:24.85	0:27:06.75	1:45:27.60	1:44:43.00

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
143	314	David	Hazell	MV3	8	M		0:25:52.55	0:26:13.10	0:26:51.95	0:26:24.15	1:45:30.65	1:45:21.75
144	709	Jemma	Weekes	FS	8	F	Hillingdon	0:26:27.60	0:25:33.70	0:26:07.15	0:27:08.65	1:45:31.45	1:45:17.10
145	129	Michael	Clark	MV1	24	M	Reigate Priory AC	0:26:06.20	0:26:14.10	0:26:29.50	0:26:21.95	1:45:34.35	1:45:11.75
146	552	Mario	Quecchia	MV2	26	M		0:23:31.25	0:25:38.60	0:27:22.95	0:29:13.20	1:45:48.35	1:45:46.00
147	712	Joshua	Wheatley	MS	64	M		0:26:24.45	0:26:34.85	0:26:36.20	0:25:59.05	1:45:50.35	1:45:34.55
148	309	David	Hawkins	MV4	4	M		0:25:51.50	0:25:39.40	0:25:45.40	0:28:39.35	1:46:04.95	1:45:55.65
149	363	Nicholas	Jameson-allen	MS	65	M		0:25:56.40	0:26:05.40	0:26:47.00	0:27:13.95	1:46:10.85	1:46:02.75
150	259	Cat	Gibbons	FS	9	F		0:26:22.75	0:26:17.90	0:26:37.60	0:26:43.75	1:46:13.30	1:46:02.00
151	381	Martin	Kennett	MV2	27	M		0:25:54.70	0:26:26.95	0:26:42.20	0:27:01.70	1:46:25.15	1:46:05.55
152	410	Dave	Lindley	MS	66	M		0:24:13.45	0:25:40.05	0:26:43.70	0:29:48.35	1:46:29.55	1:46:25.55
153	131	Paul	Clarke	MV1	25	M		0:28:01.50	0:26:15.50	0:25:30.35	0:26:11.60	1:46:34.05	1:45:58.95
154	685	David	Tuck	MS	67	M		0:24:11.50	0:25:57.00	0:27:05.85	0:29:21.65	1:46:37.90	1:46:36.00
155	195	Will	Dowdy	MV1	26	M	Tunbridge Wells Harriers	0:25:50.80	0:26:02.30	0:27:01.90	0:27:05.20	1:46:40.70	1:46:00.20
156	267	Andrew	Gomm	MS	68	M	Tuff-Fitty Triathlon Club	0:25:38.85	0:26:28.80	0:27:28.60	0:27:00.85	1:46:45.10	1:46:37.10
157	673	John	Tighe	MV2	28	M	Crowborough Runners	0:26:22.65	0:26:34.70	0:26:41.30	0:26:44.15	1:46:47.35	1:46:22.80
158	550	Ian	Punter	MV1	27	M		0:26:26.25	0:26:07.05	0:26:51.55	0:27:06.30	1:46:54.55	1:46:31.15
159	63	Andrew	Bishop	MV3	9	M		0:25:58.10	0:25:55.90	0:26:41.15	0:27:27.35	1:46:55.40	1:46:02.50
160	66	Jeffrey	Boardman	MS	69	M	Haywards Heath Harriers	0:25:37.70	0:27:00.45	0:27:14.85	0:27:09.80	1:47:10.90	1:47:02.80
161	160	Rob	Crouch	MV3	10	M		0:26:34.35	0:26:35.25	0:27:11.60	0:26:25.55	1:47:12.55	1:46:46.75
162	506	Jim	Orr	MS	70	M		0:27:34.55	0:26:05.95	0:26:18.60	0:26:32.30	1:47:16.50	1:46:31.40
163	393	Johann	Lannon	MS	71	M		0:28:08.60	0:26:07.90	0:26:30.70	0:25:48.95	1:47:17.80	1:46:36.15
164	662	Peter	Thompson	MV1	28	M		0:25:47.05	0:26:58.55	0:27:16.90	0:26:57.10	1:47:21.55	1:46:59.60
165	729	Miles	Wilson	MS	72	M		0:25:16.75	0:26:33.60	0:27:46.65	0:27:36.20	1:47:24.15	1:47:13.20
166	270	Peter	Grant	MV4	5	M	East End Road Runners	0:25:20.55	0:26:44.65	0:27:21.15	0:27:56.95	1:47:33.45	1:47:23.30
167	468	Justin	Moore	MV1	29	M		0:25:17.00	0:24:58.35	0:26:44.25	0:30:21.80	1:47:35.35	1:47:21.40
168	53	Chris	Beasley	MS	73	M		0:25:12.40	0:26:30.00	0:27:45.65	0:27:48.00	1:47:44.35	1:47:16.05
169	531	Stuart	Pike	MS	74	M		0:26:43.20	0:27:02.20	0:26:45.90	0:26:29.10	1:47:46.10	1:47:00.40
170	123	B V GANGADHAR	CHIPPADA	MS	75	M		0:25:38.50	0:26:28.75	0:27:33.05	0:27:17.50	1:47:46.80	1:46:57.80
171	392	Johanna	Lambourne	FS	10	F	Hastings Runners	0:26:24.80	0:26:32.40	0:26:55.00	0:27:46.30	1:47:48.60	1:47:38.50
172	362	Dominic	James	MV2	29	M		0:25:38.10	0:26:47.15	0:27:43.70	0:27:46.75	1:48:22.85	1:47:55.70
173	572	Gordon	Ritter	MV1	30	M		0:25:51.95	0:26:39.65	0:27:22.55	0:27:57.65	1:48:25.05	1:47:51.80
174	588	Kenn	Saffery	MV5	5	M	Veterans AC	0:25:21.95	0:26:43.50	0:27:42.05	0:28:39.45	1:48:32.00	1:48:26.95
175	295	Michael	Hall	MV4	6	M	Hastings Runners	0:25:15.80	0:26:21.15	0:28:13.85	0:28:28.10	1:48:34.90	1:48:18.90
176	304	Jane	Harrod	FV2	5	F		0:24:40.70	0:26:06.70	0:28:12.80	0:29:22.15	1:48:35.80	1:48:22.35
177	642	Andy	Strong	MS	76	M	Tuff-Fitty Triathlon Club	0:26:41.90	0:26:54.40	0:27:52.05	0:27:14.15	1:48:49.65	1:48:42.50
178	30	Helen	Atkinson	FS	11	F		0:26:40.50	0:26:40.90	0:27:43.50	0:27:24.25	1:48:50.00	1:48:29.15
179	645	Jack	Swallow	MS	77	M		0:27:02.95	0:26:07.30	0:28:23.55	0:26:59.90	1:48:59.80	1:48:33.70

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
180	604	Clive	Simmonds	MV2	30	M		0:26:36.55	0:26:42.30	0:27:30.25	0:27:52.05	1:49:00.70	1:48:41.15
181	638	Robert,james	Stonely	MV1	31	M		0:26:47.30	0:26:57.95	0:27:13.75	0:27:10.00	1:49:02.50	1:48:09.00
182	187	Danis	Dervis	MS	78	M	East End Road Runners	0:26:52.40	0:25:42.60	0:27:23.30	0:28:57.95	1:49:10.55	1:48:56.25
183	277	Katie	Greenfield	FS	12	F		0:27:23.45	0:27:11.90	0:27:18.35	0:27:03.50	1:49:12.95	1:48:57.20
184	305	Doug	Hart	MV3	11	M		0:26:16.65	0:26:16.80	0:27:30.55	0:28:29.30	1:49:33.35	1:48:33.30
185	445	Bryan	McHugh	MV2	31	M		0:26:55.70	0:26:31.35	0:26:34.15	0:28:55.95	1:49:40.90	1:48:57.15
186	189	Sharon	Dickson	FV2	6	F		0:26:43.10	0:27:07.70	0:27:35.25	0:28:01.00	1:49:46.15	1:49:27.05
187	741	Chris	Woolley	MS	79	M		0:25:27.35	0:26:24.05	0:27:12.80	0:30:22.05	1:49:47.70	1:49:26.25
188	296	Alex	Hall	MV4	7	M	Bexhill Runners	0:27:17.00	0:26:57.00	0:27:14.60	0:28:00.50	1:49:51.85	1:49:29.10
189	630	Matthew	Stephens	MS	80	M		0:26:47.55	0:27:10.40	0:27:07.55	0:28:14.90	1:49:54.95	1:49:20.40
190	633	Christian	Stevens	MS	81	M		0:28:04.50	0:27:06.90	0:26:52.90	0:27:28.00	1:50:03.70	1:49:32.30
191	196	Tony	Drewett	MV4	8	M		0:26:42.25	0:27:14.35	0:27:42.15	0:28:18.45	1:50:06.95	1:49:57.20
192	203	Elizabeth	Duplock	FS	13	F		0:30:31.65	0:30:53.50	0:23:45.00	0:24:34.40	1:50:15.40	1:49:44.55
193	300	Paul	Harris	MS	82	M		0:27:12.90	0:26:54.40	0:27:45.55	0:27:57.70	1:50:16.40	1:49:50.55
194	395	Christopher	Law	MS	83	M	Hastings Runners	0:24:59.65	0:26:45.25	0:27:20.75	0:31:00.50	1:50:16.55	1:50:06.15
195	308	Andrea	Harwood	FV1	5	F		0:26:50.95	0:27:04.25	0:27:38.45	0:28:35.10	1:50:23.85	1:50:08.75
196	579	Jamie	ROSS	MV2	32	M		0:28:25.10	0:45:29.75	0:16:36.40	0:19:37.80	1:50:33.30	1:50:09.05
197	90	Barnaby	Brown	MV2	33	M		0:27:29.10	0:26:52.15	0:27:34.40	0:28:00.60	1:50:33.60	1:49:56.25
198	469	Vicki	Moore	FS	14	F		0:25:59.40	0:27:05.80	0:28:19.85	0:28:54.95	1:50:34.40	1:50:20.00
199	19	Leslie	Anderson	MV3	12	M		0:25:54.65	0:26:26.70	0:28:52.00	0:29:06.15	1:50:39.55	1:50:19.50
200	428	David	Maddison	MV3	13	M		0:25:28.60	0:27:02.80	0:28:08.75	0:30:03.95	1:50:45.60	1:50:44.10
201	92	Karen	Burgess	FS	15	F		0:27:46.30	0:27:22.40	0:27:43.20	0:27:19.30	1:50:58.70	1:50:11.20
202	178	Keith	Delderfield	MV3	14	M	Burgess Hill Runners	0:26:31.30	0:27:14.45	0:28:12.80	0:28:52.60	1:51:03.50	1:50:51.15
203	356	Barry	Ingram	MS	84	M	Bexhill Runners	0:26:27.30	0:27:02.70	0:28:07.50	0:29:16.30	1:51:17.50	1:50:53.80
204	332	Lyndsey	Hollands	FS	16	F		0:25:55.55	0:27:50.25	0:28:06.00	0:29:19.10	1:51:19.40	1:51:10.90
205	791	Sarah	Hannam	FV1	6	F	Run Wednesdays	0:21:53.10	0:27:53.60	0:25:03.50	0:24:46.05	1:51:25.65	1:39:36.25
206	653	Roland	Taylor	MS	85	M		0:25:17.55	0:27:57.55	0:28:36.10	0:29:33.95	1:51:29.15	1:51:25.15
207	471	Andrew	Moore	MV2	34	M		0:27:06.15	0:27:05.55	0:27:47.95	0:29:12.45	1:51:31.50	1:51:12.10
208	418	Rob	Love	MV1	32	M		0:26:09.55	0:27:13.65	0:28:30.55	0:29:26.90	1:51:32.50	1:51:20.65
209	12	Brian	Allen	MS	86	M	Orpington Road Runners	0:26:21.65	0:27:59.10	0:28:42.60	0:28:06.85	1:51:40.15	1:51:10.20
210	391	Gary	Lakin	MV2	35	M		0:24:52.90	0:25:59.20	0:28:44.30	0:32:12.10	1:51:55.40	1:51:48.50
211	317	Andy	Hedges	MS	87	M		0:26:43.85	0:26:57.25	0:28:01.90	0:29:55.20	1:52:00.20	1:51:38.20
212	676	Robert	Tippett	MS	88	M		0:28:16.50	0:27:42.55	0:27:43.90	0:27:55.60	1:52:05.70	1:51:38.55
213	718	Kevan	Wilkinson	MV3	15	M	Serpentine RC	0:25:42.55	0:27:54.65	0:28:38.90	0:29:34.25	1:52:08.05	1:51:50.35
214	256	Dan	Garland	MS	89	M		0:25:43.50	0:27:31.45	0:28:50.35	0:30:04.75	1:52:14.75	1:52:10.05
215	620	Brian	Spiers	MV3	16	M		0:26:48.05	0:27:28.60	0:28:38.40	0:29:32.80	1:52:33.90	1:52:27.85
216	188	Marc	Di Duca	MV1	33	M		0:25:36.90	0:27:42.55	0:28:32.95	0:30:31.65	1:52:34.45	1:52:24.05

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
217	735	Michael	Wisken	MS	90	M		0:29:38.65	0:27:06.00	0:27:43.10	0:27:47.95	1:52:37.35	1:52:15.70
218	59	Gary	Beeston	MS	91	M	Benfleet RC	0:27:21.40	0:26:59.55	0:28:05.15	0:29:37.85	1:52:39.90	1:52:03.95
219	557	Mark	Rayner	MS	92	M		0:26:01.60	0:26:39.80	0:28:28.30	0:31:10.25	1:52:45.15	1:52:19.95
220	518	Scott	Parsons	MS	93	M	Hastings ac	0:26:44.60	0:28:01.10	0:29:06.50	0:28:46.15	1:52:46.90	1:52:38.35
221	119	Kiera	Chapman	FS	17	F		0:26:56.85	0:27:12.55	0:28:35.50	0:29:39.35	1:52:50.20	1:52:24.25
222	583	Louise	Rushmer	FV3	1	F		0:28:15.00	0:27:21.40	0:28:13.35	0:28:27.80	1:52:51.75	1:52:17.55
223	330	REBECCA	HOLLAND	FV1	7	F		0:26:33.10	0:27:58.25	0:28:50.75	0:29:23.60	1:52:53.65	1:52:45.70
224	217	Andre	Ellis	MV2	36	M	East End Road Runners	0:26:59.90	0:27:22.65	0:27:14.35	0:31:04.55	1:52:56.15	1:52:41.45
225	335	Alan	Hopkins	MS	94	M		0:28:40.95	0:27:54.40	0:28:04.15	0:27:45.15	1:52:58.20	1:52:24.65
226	528	Nick	Pettitt	MS	95	M		0:25:14.30	0:26:40.75	0:29:53.85	0:30:53.25	1:53:00.25	1:52:42.15
227	104	Mark	Butt	MS	96	M		0:26:10.65	0:26:50.90	0:27:38.10	0:31:37.10	1:53:01.55	1:52:16.75
228	617	Michael	Sparks	MV1	34	M		0:26:27.95	0:27:24.35	0:28:35.70	0:30:22.15	1:53:05.15	1:52:50.15
229	318	David	Hedges	MS	97	M		0:26:44.75	0:26:57.65	0:28:55.10	0:30:24.55	1:53:24.40	1:53:02.05
230	426	Peter	Mackintosh	MS	98	M		0:25:21.00	0:28:02.15	0:29:42.15	0:30:18.05	1:53:32.15	1:53:23.35
231	358	Tom	Ireson	MS	99	M		0:27:15.20	0:27:44.20	0:28:33.75	0:29:29.65	1:53:42.95	1:53:02.80
232	294	Darren	Hall	MS	100	M	1066 Triathlon Club	0:25:51.65	0:26:23.65	0:29:21.50	0:31:19.45	1:53:53.80	1:52:56.25
233	631	Jo	Stephens-Smith	FV4	2	F	Petts Wood Runners	0:29:11.95	0:27:02.65	0:27:24.85	0:29:59.10	1:54:15.15	1:53:38.55
234	229	Andy	Fairweather	MV1	35	M		0:25:16.00	0:26:49.45	0:29:46.85	0:32:20.50	1:54:24.05	1:54:12.80
235	589	Debbie	Sallas	FS	18	F		0:28:14.75	0:29:13.30	0:29:15.20	0:27:26.35	1:54:24.60	1:54:09.60
236	345	Stan	Hrabe	MS	101	M		0:26:40.35	0:28:07.05	0:28:57.35	0:30:37.05	1:54:27.85	1:54:21.80
237	351	Sarah	Huntley	FS	19	F	Hailsham Harriers	0:27:13.75	0:28:08.20	0:29:08.60	0:29:56.85	1:54:33.20	1:54:27.40
238	225	Neil	Evans	MS	102	M	Bodyworks xtc	0:24:01.30	0:24:14.00	0:29:53.10	0:36:19.05	1:54:34.15	1:54:27.45
239	322	John	Higgs	MV2	37	M	The Face of Boe	0:26:13.60	0:27:48.00	0:29:37.20	0:30:49.10	1:54:34.50	1:54:27.90
240	184	Neil	Dermott	MV3	17	M		0:26:04.20	0:27:24.90	0:30:13.30	0:30:38.25	1:54:38.30	1:54:20.65
241	194	Jonathan	Douglass	MS	103	M		0:29:19.55	0:29:17.50	0:28:09.20	0:27:21.35	1:55:02.00	1:54:07.60
242	289	Samuel	Hackett	MS	104	M		0:26:29.25	0:28:46.70	0:28:01.00	0:31:00.20	1:55:03.25	1:54:17.15
243	147	Cassie	Colvin	FV1	8	F	Hastings Runners	0:29:35.05	0:28:27.40	0:28:23.05	0:28:17.60	1:55:03.50	1:54:43.10
244	284	Malcolm	Gumbrell	MV5	6	M	Winchester & District AC	0:28:38.80	0:27:54.75	0:28:36.20	0:29:33.00	1:55:17.00	1:54:42.75
245	171	Dawn	Davis	FV3	2	F	fittleworth flyers	0:29:11.00	0:28:34.00	0:28:44.25	0:28:26.35	1:55:25.25	1:54:55.60
246	379	John	Keane	MV3	18	M	Bexley AC	0:27:05.80	0:28:26.75	0:29:37.40	0:30:25.50	1:55:47.95	1:55:35.45
247	448	Darren	Mclean		1	M		0:25:32.05	0:25:53.30	0:26:57.90	0:37:21.50	1:55:50.45	1:55:44.75
248	230	Liz	Farndon	FV3	3	F	Tonbridge AC	0:26:08.75	0:27:57.45	0:29:57.50	0:31:41.80	1:55:56.55	1:55:45.50
249	501	Clare	O'Keeffe	FV3	4	F		0:28:32.05	0:28:33.60	0:29:19.90	0:29:22.25	1:56:21.35	1:55:47.80
250	253	Sean	Gallagher	MV2	38	M	Striders of Croydon	0:26:32.40	0:27:20.35	0:29:27.50	0:32:18.05	1:56:24.75	1:55:38.30
251	329	Tracey	Holland	FV3	5	F		0:26:23.75	0:28:44.25	0:30:58.80	0:30:20.65	1:56:36.00	1:56:27.45
252	551	Andrew	Punter	MS	105	M		0:26:29.95	0:27:09.95	0:29:33.75	0:33:05.85	1:56:43.60	1:56:19.50
253	687	Gayle	Tyler	FV2	7	F		0:28:34.00	0:28:50.00	0:29:41.70	0:28:54.00	1:56:47.40	1:55:59.70

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
254	517	Sandra	Parker	FV3	6	F	Bromley Veterans	0:28:10.45	0:28:19.50	0:29:16.25	0:30:38.75	1:56:53.30	1:56:24.95
255	173	Wayne	Davis	MS	106	M		0:27:39.95	0:28:30.90	0:29:29.75	0:31:10.05	1:57:06.60	1:56:50.65
256	618	Kim	Spencer	FV2	8	F		0:28:34.05	0:28:32.45	0:29:23.95	0:30:17.00	1:57:14.05	1:56:47.45
257	369	Alan	Johns	MS	107	M		0:28:30.00	0:28:23.45	0:29:21.70	0:30:44.05	1:57:33.65	1:56:59.20
258	144	Rebecca	Collier	FS	20	F		0:29:04.05	0:28:33.50	0:28:42.00	0:30:44.10	1:57:35.50	1:57:03.65
259	236	Jon	Fielden	MS	108	M	Bexhill Runners	0:29:32.65	0:28:44.95	0:29:51.20	0:29:00.50	1:57:49.70	1:57:09.30
260	252	John	Galani	MS	109	M		0:28:18.35	0:28:04.90	0:29:30.00	0:31:30.95	1:57:55.75	1:57:24.20
261	16	Nicola	Ambidge	FV2	9	F		0:28:03.50	0:28:47.30	0:29:55.85	0:30:55.05	1:57:55.90	1:57:41.70
262	260	Peter	Gidley	MV2	39	M		0:28:03.60	0:28:47.05	0:29:56.35	0:30:55.50	1:57:56.30	1:57:42.50
263	746	Richard	Morrissey	MV5	7	M		0:28:20.60	0:29:07.90	0:29:33.55	0:30:39.05	1:57:59.00	1:57:41.10
264	224	Paul	Etherington	MS	110	M		0:29:29.50	0:29:12.40	0:29:38.40	0:28:53.30	1:58:00.30	1:57:13.60
265	401	Mike	Leigh	MS	111	M		0:25:27.90	0:25:33.15	0:28:34.30	0:38:11.45	1:58:01.95	1:57:46.80
266	377	Rahul	Joshi	MS	112	M		0:29:51.70	0:29:49.40	0:29:08.70	0:28:52.55	1:58:05.75	1:57:42.35
267	639	Aimee	Streeter	FS	21	F		0:30:19.55	0:29:20.40	0:29:12.50	0:28:45.65	1:58:08.25	1:57:38.10
268	220	Chris	Matthews	MS	113	M	Hastings Runners	0:28:02.35	0:28:20.80	0:29:24.05	0:32:06.05	1:58:15.60	1:57:53.25
269	523	Dave	Pendleton	MV2	40	M	Hastings Runners	0:27:58.80	0:27:09.40	0:29:25.45	0:33:05.95	1:58:19.00	1:57:39.60
270	96	Sarah	Burns	FV1	9	F	East London Runners	0:27:58.50	0:28:48.60	0:29:54.80	0:31:22.45	1:58:21.95	1:58:04.35
271	348	Howard	Hughes	MV5	8	M		0:26:53.90	0:28:47.30	0:30:14.15	0:31:32.75	1:58:25.60	1:57:28.10
272	199	Diane	Duberry	FV1	10	F		0:28:18.15	0:29:16.30	0:30:09.70	0:30:37.15	1:58:44.90	1:58:21.30
273	629	Catherine	Stephen	FS	22	F		0:31:35.70	0:29:16.20	0:29:14.70	0:28:10.65	1:58:57.95	1:58:17.25
274	600	Dennis	Sherwood	MV2	41	M		0:27:33.25	0:28:08.50	0:30:16.90	0:32:16.85	1:58:58.80	1:58:15.50
275	742	Lucy	Wright	FV2	10	F	hailsham harriers	0:28:20.80	0:29:04.05	0:30:37.35	0:31:01.45	1:59:14.75	1:59:03.65
276	564	Rebecca	Reidy	FS	23	F		0:28:36.15	0:29:07.20	0:30:14.20	0:30:46.10	1:59:16.10	1:58:43.65
277	70	Andrew	Booty	MV1	36	M	TUNBRIDGE WELLS HARRIERS	0:27:36.40	0:28:26.65	0:30:08.60	0:32:29.60	1:59:23.90	1:58:41.25
278	422	Roger	Lynch	MV4	9	M		0:29:18.50	0:28:52.00	0:29:49.05	0:30:45.45	1:59:25.95	1:58:45.00
279	398	Rolston	Lecointe	MV2	42	M	East End Road Runners	0:27:17.50	0:28:37.00	0:30:21.85	0:32:58.00	1:59:29.25	1:59:14.35
280	567	KATE	REYNOLDS	FV1	11	F		0:30:45.90	0:30:22.45	0:28:48.45	0:28:47.00	1:59:37.00	1:58:43.80
281	310	Gary	Hayes	MV1	37	M	Bexhill Runners	0:30:42.40	0:29:24.10	0:29:35.90	0:29:23.15	1:59:37.45	1:59:05.55
282	61	Robert	Beresford	MS	114	M		0:26:23.05	0:28:24.40	0:30:34.70	0:33:56.40	1:59:38.30	1:59:18.55
283	684	Nick	Trim	MS	115	M		0:28:17.85	0:28:26.35	0:30:58.85	0:31:19.05	1:59:43.75	1:59:02.10
284	11	Laura	Allen	FS	24	F	City of Salisbury A&RC	0:28:40.45	0:29:33.70	0:30:16.95	0:30:51.65	1:59:47.60	1:59:22.75
285	649	Richard	Tanner	MV2	43	M		0:29:41.60	0:29:26.60	0:29:45.70	0:30:29.05	1:59:59.10	1:59:22.95
286	402	Richard	Leighton	MS	116	M		0:26:22.65	0:27:00.60	0:29:07.50	0:37:11.50	2:00:01.25	1:59:42.25
287	68	John	Bogle	MV2	44	M		0	0:28:37.45	0:30:17.65	0:33:45.60	2:00:06.75	0
288	736	Hayley	Wisken	FS	25	F		0:29:38.60	0:28:58.25	0:29:51.40	0:31:16.65	2:00:07.25	1:59:44.90
289	700	Paul	Warren	MV4	10	M		0:28:16.80	0:29:06.60	0:29:54.85	0:32:53.00	2:00:18.55	2:00:11.25
290	586	Rick	Ryder	MV3	19	M	Thanet Road Runners AC	0:28:23.10	0:28:33.90	0:29:46.75	0:32:53.30	2:00:20.20	1:59:37.05



Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
291	637	Adam	Stone	MV1	38	M		0:29:32.20	0:29:16.65	0:29:53.70	0:30:56.70	2:00:26.80	1:59:39.25
292	350	John	Huntingdon	MV2	45	M		0:29:20.10	0:29:17.80	0:30:09.25	0:30:46.00	2:00:27.25	1:59:33.15
293	38	Rose	Baker	FV3	7	F		0:28:52.75	0:29:10.40	0:30:45.65	0:31:19.60	2:00:28.90	2:00:08.40
294	717	KAre	Wigmore	FV5	1	F	Horsham Amphibians Triathlon	0:28:28.90	0:29:36.10	0:30:28.80	0:31:35.85	2:00:32.55	2:00:09.65
295	432	Steven	Manwaring	MV3	20	M		0:29:13.85	0:28:37.15	0:30:00.15	0:31:53.55	2:00:47.40	1:59:44.70
296	454	Lee	Melville	MS	117	M		0:29:52.35	0:29:46.15	0:30:33.40	0:30:24.75	2:00:48.45	2:00:36.65
297	724	Nina	Williams	FV2	11	F	Saints and Sinners	0:28:48.95	0:29:53.75	0:30:33.30	0:31:12.20	2:00:50.40	2:00:28.20
298	663	Shona	Thomson	FS	26	F		0:30:40.35	0:30:17.00	0:29:51.85	0:29:47.85	2:00:55.35	2:00:37.05
299	161	Amanda	Crouch	FS	27	F		0:27:13.70	0:29:14.50	0:30:55.95	0:33:18.75	2:00:56.70	2:00:42.90
300	606	Anna	Skinner	FV2	12	F		0:30:23.10	0:29:42.25	0:30:09.15	0:30:05.55	2:00:59.15	2:00:20.05
301	460	Suzi	Miller	FS	28	F		0:26:43.10	0:29:22.70	0:31:30.50	0:33:15.25	2:01:02.85	2:00:51.55
302	83	Brendan	Britt	MV5	9	M		0:28:12.20	0:28:56.90	0:30:53.90	0:32:38.75	2:01:08.75	2:00:41.75
303	705	Robert	Watts	MV4	11	M		0:30:13.90	0:29:37.30	0:29:19.60	0:31:23.70	2:01:10.80	2:00:34.50
304	307	Anthony	Harvey	MV1	39	M		0:28:48.25	0:28:57.60	0:30:52.00	0:32:02.35	2:01:19.20	2:00:40.20
305	254	Edward	Galwey	MS	118	M		0:29:58.55	0:30:49.45	0:29:42.95	0:30:07.35	2:01:36.30	2:00:38.30
306	84	Jonathan	Britten	MV2	46	M	Arena 80 AC	0:27:33.90	0:28:18.60	0:31:40.70	0:33:48.95	2:01:41.70	2:01:22.15
307	185	Graham	Derrick	MV2	47	M		0:28:05.15	0:30:10.00	0:31:52.10	0:31:26.85	2:01:47.15	2:01:34.10
308	555	Mary	Ravisse	FV3	8	F		0:30:13.15	0:29:29.55	0:30:22.10	0:30:54.80	2:01:51.15	2:00:59.60
309	286	Gavin	Gurney	MS	119	M		0:27:11.25	0:29:21.05	0:31:03.75	0:33:32.85	2:01:54.60	2:01:08.90
310	695	Robin	Wakefield	MV3	21	M	Windle Valley Runners	0:27:00.45	0:29:10.80	0:32:12.45	0:33:12.20	2:01:55.00	2:01:35.90
312	739	Helen	Woods	FV2	13	F	Horsham Joggers	0:29:43.75	0:29:33.95	0:30:24.20	0:31:40.35	2:02:00.15	2:01:22.25
311	306	Clive	Harvey	MV3	22	M	Tuff-Fitty Triathlon Club	0:28:35.05	0:30:06.50	0:31:12.05	0:31:58.30	2:02:00.15	2:01:51.90
313	360	Nicola	Irons	FV1	12	F	Knowle & Dorridge	0:29:39.60	0:29:22.20	0:30:06.15	0:32:28.55	2:02:00.80	2:01:36.50
314	593	Alison	Schillinger	FV3	9	F		0:29:23.75	0:30:04.00	0:31:12.15	0:31:05.50	2:02:03.75	2:01:45.40
315	4	Katherine	Airey	FV3	10	F		0:28:51.50	0:29:37.85	0:31:09.35	0:31:44.15	2:02:04.90	2:01:22.85
316	478	Catherine	Mullane	FS	29	F		0:29:49.35	0:29:46.20	0:30:38.65	0:30:59.70	2:02:06.60	2:01:13.90
317	331	Christina	Holland	FS	30	F		0:29:53.45	0:32:25.75	0:31:32.80	0:27:51.65	2:02:13.10	2:01:43.65
318	312	Mark	Haylett	MS	120	M		0:30:09.80	0:30:30.00	0:30:39.55	0:30:43.80	2:02:16.20	2:02:03.15
319	91	Catherine	Buckingham	FV5	2	F		0:28:45.05	0:31:17.95	0:30:50.25	0:31:00.70	2:02:17.80	2:01:53.95
320	234	Adrian	Fereday	MV2	48	M		0:26:42.40	0:30:38.05	0:31:40.65	0:33:04.25	2:02:20.25	2:02:05.35
321	148	Niall	Connaughton	MS	121	M		0:28:06.10	0:29:42.25	0:31:09.05	0:32:25.95	2:02:20.45	2:01:23.35
322	542	Ben	Powell	MS	122	M		0:27:21.00	0:28:22.10	0:31:15.65	0:35:12.30	2:02:28.35	2:02:11.05
323	6	Nick	Aish	MS	123	M		0:29:42.10	0:29:43.85	0:30:35.70	0:31:46.20	2:02:29.25	2:01:47.85
324	429	Helen	Mallows	FV2	14	F	Horsham Joggers	0:29:47.75	0:29:29.80	0:31:18.40	0:31:19.40	2:02:33.00	2:01:55.35
325	264	Nigel	Godden	MS	124	M		0:28:55.70	0:29:12.80	0:31:04.05	0:32:48.45	2:02:43.55	2:02:01.00
326	28	Ralph	Astley	MV4	12	M		0:27:06.45	0:28:35.90	0:31:44.50	0:34:51.05	2:02:46.35	2:02:17.90
327	373	Chris	Johnson	MS	125	M		0:27:09.50	0:29:48.40	0:32:07.90	0:33:41.50	2:02:51.25	2:02:47.30

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
328	483	Cathryn	Naish	FS	31	F		0:28:05.00	0:28:38.85	0:31:10.55	0:34:35.65	2:02:57.55	2:02:30.05
329	484	Matthew	Naish	MS	126	M		0:28:04.50	0:28:39.30	0:31:09.65	0:34:36.15	2:02:57.60	2:02:29.60
330	507	John	Orrell	MV2	49	M	Blackwater Valley Runners	0:27:11.90	0:28:27.60	0:31:30.55	0:33:17.10	2:03:05.75	2:00:27.15
331	386	INGRID	KIMBANGI	FS	32	F		0:31:18.00	0:30:41.40	0:30:17.60	0:30:04.25	2:03:05.85	2:02:21.25
332	660	Clare	Thompson	FV1	13	F		0:30:32.70	0:30:31.80	0:30:29.75	0:31:14.75	2:03:12.10	2:02:49.00
333	242	Riaan	Fourie	MV1	40	M		0:29:35.65	0:30:39.80	0:31:05.10	0:31:01.80	2:03:13.30	2:02:22.35
334	728	Kenneth	Wilson	MV2	50	M	East End Road Runners	0:27:30.25	0:30:08.30	0:31:16.20	0:34:04.45	2:03:15.45	2:02:59.20
335	50	Lisa	Beaney	FV2	15	F	Steyning AC	0:29:46.30	0:30:26.65	0:31:26.40	0:31:18.50	2:03:23.80	2:02:57.85
336	315	Julie	Heather	FV3	11	F		0:29:36.80	0:30:22.50	0:31:20.50	0:31:45.25	2:03:26.65	2:03:05.05
337	130	Darren	Clarke	MS	127	M		0:29:36.90	0:30:22.20	0:31:19.85	0:31:46.50	2:03:26.85	2:03:05.45
338	692	Stephen	Virgo	MS	128	M		0:29:19.75	0:29:09.55	0:30:15.05	0:33:48.00	2:03:28.30	2:02:32.35
339	290	John	Hackett	MV1	41	M		0:27:51.65	0:29:21.50	0:30:35.50	0:35:14.60	2:03:30.20	2:03:03.25
340	415	Philip	Loney	MS	129	M		0:26:07.00	0:26:24.70	0:31:27.80	0:38:55.85	2:03:32.95	2:02:55.35
341	44	Robin	Barfoot	MV5	10	M		0:30:32.65	0:29:49.35	0:30:28.75	0:31:59.05	2:03:38.20	2:02:49.80
342	115	Adrian	Carter	MS	130	M		0:29:34.70	0:29:53.90	0:31:08.00	0:32:37.85	2:03:39.50	2:03:14.45
343	366	Andy	Jefford	MV2	51	M	horsham joggers	0:30:07.20	0:30:11.85	0:30:35.65	0:32:31.50	2:03:45.25	2:03:26.20
344	667	Nigel	Thornely	MV1	42	M	Hastings Runners	0:29:35.35	0:29:32.50	0:31:42.15	0:32:38.35	2:03:48.50	2:03:28.35
345	108	Sarah	Cakebread	FV2	16	F		0:28:33.75	0:29:53.20	0:32:06.00	0:32:55.65	2:03:55.20	2:03:28.60
346	421	David	Ludwick	MS	131	M		0:29:15.00	0:30:03.45	0:31:14.55	0:32:49.60	2:03:55.40	2:03:22.60
347	67	Helen	Bogle	FV3	12	F		0:30:08.90	0:30:28.80	0:31:15.90	0:31:30.85	2:03:58.15	2:03:24.45
348	212	Kellie	Edwards	FV1	14	F		0:31:31.20	0:30:06.60	0:30:53.05	0:30:45.80	2:04:08.65	2:03:16.65
349	376	Martin	Jones	MV2	52	M		0:29:29.80	0:29:12.85	0:30:10.20	0:34:31.05	2:04:10.30	2:03:23.90
350	117	Jane	Chantrill-burns	FV3	13	F		0:29:48.40	0:30:23.95	0:30:53.85	0:32:31.20	2:04:22.40	2:03:37.40
351	547	Helen	Proud	FV3	14	F		0:30:24.50	0:31:16.45	0:30:57.05	0:31:14.55	2:04:26.45	2:03:52.55
352	135	Graham	Clowes	MV3	23	M	Arunners	0:27:31.85	0:30:56.60	0:33:42.80	0:32:10.95	2:04:30.40	2:04:22.20
353	336	Jim	Hopkins	MV1	43	M		0:27:42.25	0:29:07.65	0:30:57.25	0:35:59.95	2:04:33.80	2:03:47.10
354	207	Richard	Eagleton	MV5	11	M		0:27:43.45	0:29:06.35	0:30:57.40	0:36:00.20	2:04:34.50	2:03:47.40
355	368	Dain	Jensen	MV1	44	M		0:28:06.20	0:29:05.70	0:31:16.90	0:35:39.95	2:04:35.05	2:04:08.75
356	116	Luke	Carter	MS	132	M		0:29:03.55	0:28:09.40	0:28:53.50	0:37:35.30	2:04:38.80	2:03:41.75
357	590	Karen	Samuel	FV4	3	F	Petts Wood Runners	0:29:50.40	0:30:14.75	0:31:14.25	0:32:36.00	2:04:39.65	2:03:55.40
358	535	Lucy	Pizer	FS	33	F		0:28:57.90	0:29:15.10	0:32:49.15	0:32:50.50	2:04:40.60	2:03:52.65
359	490	Helen	Newby	FV1	15	F		0:29:06.20	0:30:37.00	0:31:14.65	0:33:18.45	2:04:45.30	2:04:16.30
360	565	Ben	Revill	MS	133	M		0:28:17.50	0:28:52.30	0:31:02.15	0:35:49.35	2:04:49.70	2:04:01.30
361	186	Sally	Derrick	FV3	15	F		0:29:58.95	0:30:42.00	0:31:38.15	0:32:24.80	2:04:55.60	2:04:43.90
362	400	Christopher	Lees	MV1	45	M		0:28:27.10	0:30:06.30	0:31:33.05	0:34:03.95	2:04:55.70	2:04:10.40
363	561	Alan	Rees	MV3	24	M		0:30:07.05	0:30:50.30	0:31:47.75	0:31:34.00	2:04:57.85	2:04:19.10
364	179	Diane	Delderfield	FV5	3	F	Burgess Hill Runners	0:31:07.90	0:30:18.40	0:31:00.65	0:32:04.00	2:05:00.05	2:04:30.95

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
365	537	Robin	Pizer	MV5	12	M		0:28:57.60	0:29:13.40	0:31:41.15	0:34:23.15	2:05:02.80	2:04:15.30
366	262	Zoe	Godden	FV1	16	F	Hastings Runners	0:29:39.10	0:30:37.80	0:31:55.55	0:32:38.05	2:05:11.45	2:04:50.50
367	701	Pamela	Warren	FS	34	F	Horsham Joggers	0:30:06.65	0:30:19.40	0:31:47.25	0:32:23.15	2:05:13.70	2:04:36.45
368	159	Carol	Crouch	FV3	16	F		0:29:51.60	0:29:59.50	0:31:43.30	0:32:50.90	2:05:17.50	2:04:25.30
369	452	Robert	Meeson	MV1	46	M		0:30:17.00	0:29:14.10	0:31:34.50	0:33:24.80	2:05:20.90	2:04:30.40
370	702	Syreeta	Watts	FV1	17	F		0:30:11.40	0:30:23.15	0:31:57.80	0:32:37.10	2:05:47.30	2:05:09.45
371	192	Guy	Dixon	MS	134	M		0:26:01.30	0:30:22.30	0:35:44.25	0:33:34.70	2:05:49.05	2:05:42.55
372	8	Chloe	Aldrich	FS	35	F		0:29:24.40	0:30:16.55	0:31:03.50	0:34:39.10	2:06:07.30	2:05:23.55
373	100	Katie	Burtonshaw	FV2	17	F		0:30:31.55	0:30:50.25	0:32:13.40	0:32:06.80	2:06:10.45	2:05:42.00
374	302	Jackie	Harrison	FV3	17	F	Hastings Runners	0:30:32.75	0:30:36.85	0:31:23.40	0:33:13.60	2:06:14.90	2:05:46.60
375	678	Viki	Tracey	FV1	18	F		0:33:24.45	0:31:47.40	0:31:07.50	0:29:28.10	2:06:29.20	2:05:47.45
376	698	Jayne	Waller	FS	36	F	Horsham Joggers	0:30:06.55	0:30:18.50	0:31:48.35	0:33:39.35	2:06:29.65	2:05:52.75
377	628	Susan	Steed	FV4	4	F	heathfield road runners	0:29:57.00	0:30:58.40	0:31:49.10	0:33:31.95	2:06:31.05	2:06:16.45
378	204	Lenka	Durisova	FS	37	F		0:30:59.35	0:30:38.20	0:30:55.50	0:33:17.60	2:06:42.05	2:05:50.65
379	487	Liz	Neser	FV2	18	F		0:28:45.15	0:31:33.35	0:32:51.00	0:33:32.80	2:06:47.50	2:06:42.30
380	455	Sean	Miles	MV1	47	M		0:30:17.20	0:30:56.60	0:31:45.65	0:32:54.40	2:06:52.80	2:05:53.85
381	451	Mark	Meagher	MS	135	M		0:29:36.90	0:30:23.40	0:32:06.00	0:34:25.00	2:06:59.05	2:06:31.30
382	26	Sally	Arnold	FS	38	F		0:31:21.05	0:31:29.80	0:32:16.35	0:31:13.90	2:07:10.45	2:06:21.10
383	519	Alasatir	Partridge	MS	136	M		0:31:03.50	0:30:15.95	0:30:57.85	0:33:58.90	2:07:11.10	2:06:16.20
384	404	Lauren	Levy	FS	39	F		0:30:32.85	0:30:37.45	0:32:04.15	0:33:28.55	2:07:11.80	2:06:43.00
385	652	Shaun	Taylor	MS	137	M		0:30:20.00	0:29:50.40	0:31:47.55	0:34:36.80	2:07:13.10	2:06:34.75
386	87	Luke	Brooks	MS	138	M		0:30:20.05	0:29:49.85	0:31:48.25	0:34:45.25	2:07:21.75	2:06:43.40
387	266	Andy	Goldberg	MV1	48	M	Hastings Runners	0:30:36.20	0:30:56.75	0:31:44.40	0:33:49.70	2:07:27.25	2:07:07.05
388	347	Leandra	Hughes	FV1	19	F		0:30:28.60	0:31:39.15	0:32:35.05	0:32:30.85	2:07:29.90	2:07:13.65
389	680	Kevin	Triggs	MV4	13	M	fittleworth flyers	0:30:42.00	0:31:20.90	0:33:05.40	0:31:57.90	2:07:36.35	2:07:06.20
390	263	Jack	Godden	MJ	1	M	Hastings Runners	0:29:39.20	0:30:37.75	0:31:55.55	0:35:16.20	2:07:49.70	2:07:28.70
391	380	AMY	KENNEDY	FS	40	F	Reigate Priory AC	0:31:00.80	0:30:48.70	0:32:16.30	0:33:07.10	2:07:51.95	2:07:12.90
392	321	Matthew	Hersee	MS	139	M		0:30:04.70	0:30:10.45	0:31:24.60	0:35:36.15	2:07:53.20	2:07:15.90
393	245	sam	fox	FV1	20	F		0:30:56.05	0:31:32.20	0:32:15.65	0:32:47.40	2:07:54.70	2:07:31.30
394	650	Rachel	Tanner	FV2	19	F		0:29:42.75	0:31:23.95	0:32:43.15	0:33:33.15	2:07:59.15	2:07:23.00
395	622	Cheryl	St Jean-Ellis	FV2	20	F	East End Road Runners	0:28:15.10	0:31:13.25	0:32:46.90	0:35:31.70	2:08:00.80	2:07:46.95
396	714	Chris	White	FV3	18	F		0:30:24.75	0:33:06.35	0:31:44.75	0:32:32.70	2:08:23.30	2:07:48.55
397	744	Mahfuz	Miah	MS	140	M		0:33:12.10	0:31:56.10	0:31:49.30	0:30:52.15	2:08:40.10	2:07:49.65
398	125	Thomas	Christensen	MS	141	M		0:28:17.80	0:28:05.65	0:33:11.75	0:38:36.95	2:08:43.20	2:08:12.15
399	268	Martin	Gourlay	MV3	25	M	Striders of Croydon	0:30:39.45	0:30:18.60	0:30:46.40	0:36:02.90	2:08:44.40	2:07:47.35
400	681	Lavinia	Triggs	FV5	4	F	fittleworth flyers	0:30:27.05	0:31:15.20	0:33:27.65	0:33:05.65	2:08:44.95	2:08:15.55
401	671	Richard	Tickner	MV2	53	M	Hailsham Harriers	0:29:06.75	0:31:12.30	0:32:45.95	0:35:20.15	2:08:49.00	2:08:25.15

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
402	459	Jamie	Miller	MS	142	M		0:28:10.10	0:30:10.95	0:33:49.40	0:36:28.15	2:08:49.00	2:08:38.60
403	280	Angela	Gribbins	FV3	19	F		0:30:20.35	0:31:40.35	0:32:58.05	0:33:18.00	2:08:49.80	2:08:16.75
404	441	Joanna	Matthews	FV1	21	F		0:29:13.85	0:32:28.85	0:32:53.95	0:33:57.35	2:08:50.45	2:08:34.00
405	42	Frances	Ball	FV1	22	F		0:33:49.60	0:31:01.70	0:31:15.60	0:31:48.85	2:08:54.80	2:07:55.75
406	643	Amanda	Sullivan	FV3	20	F	Horsham Joggers	0:30:10.85	0:30:59.00	0:32:19.95	0:34:51.95	2:08:58.75	2:08:21.75
407	57	Matthew	Beaver	MS	143	M	Hastings Runners	0:25:40.95	0:30:53.45	0:33:49.55	0:38:26.25	2:09:01.15	2:08:50.20
408	430	Peter	Mance	MS	144	M	East End Road Runners	0:29:25.05	0:31:28.80	0:33:41.85	0:34:24.15	2:09:15.30	2:08:59.85
409	33	Naomi	Ayers	FV1	23	F		0:30:07.90	0:31:25.50	0:32:49.60	0:34:35.10	2:09:22.40	2:08:58.10
410	88	Philip	Brown	MV3	26	M		0:27:07.40	0:31:15.70	0:34:10.90	0:36:34.95	2:09:23.55	2:09:08.95
411	31	Amanda	Austen	FV2	21	F		0:31:02.35	0:31:23.75	0:32:22.55	0:34:01.80	2:09:30.50	2:08:50.45
412	165	LEE	CROW	MV1	49	M		0:28:06.75	0:29:23.05	0:33:08.05	0:38:44.55	2:09:34.75	2:09:22.40
413	597	Nicola	Sfetas	FV2	22	F		0:32:04.00	0:32:14.35	0:31:20.45	0:33:55.30	2:09:54.75	2:09:34.10
414	473	Ian	Morris	MV1	50	M		0:29:58.40	0:31:00.90	0:32:53.40	0:35:54.80	2:10:03.60	2:09:47.50
415	696	Daniel	Wakefield	MV1	51	M		0:28:02.50	0:30:43.85	0:34:33.10	0:36:42.95	2:10:04.20	2:10:02.40
416	183	Steve	Denny	MV2	54	M	Hastings Runners	0:29:00.30	0:31:51.35	0:33:47.75	0:34:55.25	2:10:17.15	2:09:34.65
417	462	Gavin	Mills	MV1	52	M		0:32:31.95	0:31:05.30	0:32:29.90	0:33:19.40	2:10:26.30	2:09:26.55
418	543	Barbara	Pratt	FV5	5	F		0:29:57.75	0:31:07.55	0:33:00.65	0:35:37.60	2:10:34.80	2:09:43.55
419	686	Beatrice	Turtenwaldova	FS	41	F		0:29:57.50	0:31:51.85	0:33:37.10	0:34:30.05	2:10:42.30	2:09:56.50
420	233	Adrian	Felton	MS	145	M		0:29:59.40	0:31:15.30	0:32:40.65	0:35:58.95	2:10:52.45	2:09:54.30
421	5	Sarah	Aish	FV2	23	F		0:30:24.80	0:31:54.10	0:33:26.20	0:34:59.40	2:11:02.90	2:10:44.50
422	389	Akshay	Kumar	MS	146	M		0:29:53.75	0:33:03.35	0:32:56.10	0:34:47.05	2:11:07.45	2:10:40.25
423	412	Elaine	Liu-preston	FV1	24	F	Reigate Priory AC	0:32:42.65	0:32:16.85	0:32:44.85	0:33:01.55	2:11:29.85	2:10:45.90
424	167	Janyce	Danielczyk	FV3	21	F		0:32:34.90	0:32:10.85	0:32:54.95	0:33:17.10	2:11:31.50	2:10:57.80
425	243	Julie	Fowler	FV2	24	F		0:32:34.75	0:32:11.30	0:32:55.30	0:33:17.10	2:11:31.90	2:10:58.45
426	498	Seán	Ó Cearrúlláin	MS	147	M	Drogheda and District AC	0:26:33.55	0:29:54.85	0:36:00.15	0:38:47.85	2:11:33.15	2:11:16.40
427	162	Eleanor	Crouch	FS	42	F		0:30:27.70	0:32:55.30	0:33:46.95	0:34:10.20	2:11:34.00	2:11:20.15
428	74	Catherine	Bowler	FV3	22	F		0:31:33.00	0:32:40.30	0:33:39.90	0:33:13.85	2:12:01.15	2:11:07.05
429	213	Debbie	Edwards	FS	43	F		0:31:31.65	0:31:38.35	0:33:19.60	0:34:49.60	2:12:11.05	2:11:19.20
430	436	Jim	Martin	MV4	14	M		0:31:20.05	0:31:30.30	0:32:51.70	0:36:03.50	2:12:35.70	2:11:45.55
431	576	Lindsay	Roff	FV5	6	F	Running Inn	0:31:40.40	0:32:39.35	0:33:19.30	0:34:40.00	2:12:37.50	2:12:19.05
432	607	Frances	Skipper	FS	44	F	East End Road Runners	0:32:04.50	0:31:56.50	0:33:01.50	0:34:43.40	2:12:42.00	2:11:45.90
433	124	Daphne	Chong	FS	45	F		0:30:08.70	0:31:40.75	0:33:07.65	0:36:51.55	2:12:45.55	2:11:48.65
434	101	Julian	Buss	MV1	53	M	Hastings Runners	0:27:46.95	0:29:27.55	0:32:27.90	0:43:02.80	2:12:54.95	2:12:45.20
435	75	Michael	Bowler	MV3	27	M		0:31:32.30	0:32:41.70	0:33:47.55	0:34:00.50	2:12:56.45	2:12:02.05
436	734	Steve	Wise	MS	148	M		0:27:54.40	0:32:43.90	0:33:32.75	0:38:13.95	2:12:57.35	2:12:25.00
437	223	Jerrina	Eteen	FV1	25	F		0:32:58.60	0:32:39.50	0:33:00.00	0:33:19.45	2:12:57.90	2:11:57.55
438	616	Wendy	Somogyi	FV3	23	F		0:31:57.70	0:32:27.40	0:33:34.40	0:34:52.25	2:13:04.40	2:12:51.75

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
439	25	Marie	Appleton	FS	46	F		0:32:05.50	0:32:01.05	0:32:55.50	0:35:38.60	2:13:14.25	2:12:40.65
440	372	David	Johnson	MV2	55	M		0:31:59.10	0:31:32.40	0:32:44.75	0:36:32.40	2:13:16.20	2:12:48.65
441	585	Fiona	Ryall	FV3	24	F		0:31:28.00	0:33:18.65	0:33:56.90	0:34:05.00	2:13:28.40	2:12:48.55
442	52	Felicity	Beasley	FS	47	F		0:29:54.05	0:32:25.80	0:35:20.10	0:35:29.20	2:13:38.25	2:13:09.15
443	326	LISA	HOBLEY	FV1	26	F		0:30:46.70	0:31:34.05	0:34:25.00	0:36:01.65	2:13:40.15	2:12:47.40
444	713	Vicky	Wheeler	FV1	27	F	seaford striders	0:29:52.30	0:32:29.80	0:34:49.35	0:35:58.15	2:13:48.55	2:13:09.60
445	439	Pam	Matthews	FV2	25	F		0:31:54.45	0:33:02.70	0:33:45.30	0:34:58.45	2:13:57.65	2:13:40.90
446	85	Philip	Broadley	MV3	28	M		0:30:43.05	0:33:02.70	0:34:52.55	0:35:11.15	2:14:10.60	2:13:49.45
447	641	Louise	Stringer	FS	48	F		0:30:55.35	0:31:02.90	0:35:42.50	0:35:39.80	2:14:19.20	2:13:20.55
448	374	Michael	Johnson	MV3	29	M	Hastings Runners	0:30:52.95	0:33:22.30	0:34:47.60	0:34:59.35	2:14:23.00	2:14:02.20
449	488	Ed	Neve	MS	149	M		0:30:05.05	0:30:11.70	0:33:34.55	0:39:39.25	2:14:24.80	2:13:30.55
450	541	Chris	Powell	MS	150	M		0:33:25.10	0:31:48.75	0:32:13.95	0:36:12.90	2:14:26.20	2:13:40.70
451	333	PAULINE	HOLMES	FV4	5	F		0:33:20.30	0:32:26.25	0:32:29.50	0:35:23.40	2:14:34.15	2:13:39.45
452	613	Anna	Smith	FS	49	F		0:33:46.10	0:33:08.90	0:33:02.50	0:34:34.15	2:14:58.80	2:14:31.65
453	29	Helen	Atkin	FV3	25	F	Heathfield road runners	0:30:55.85	0:32:22.60	0:35:02.25	0:36:17.70	2:15:08.10	2:14:38.40
454	232	Marcel	Faulstich	MV2	56	M		0:28:16.75	0:30:47.75	0:35:08.65	0:41:06.65	2:15:27.60	2:15:19.80
455	208	Jemma	Eason	FS	50	F		0:32:04.25	0:32:28.35	0:34:22.80	0:36:15.55	2:15:31.60	2:15:10.95
456	688	Allison	Tynan	FV2	26	F	East End Road Runners	0:32:38.45	0:32:47.90	0:33:56.65	0:35:27.25	2:15:45.60	2:14:50.25
457	534	Sabrina	Pitts	FS	51	F	Hastings Runners	0:32:23.65	0:32:43.50	0:35:03.40	0:35:03.90	2:15:46.50	2:15:14.45
458	581	Josie	Rowell	FS	52	F		0:30:31.80	0:33:43.30	0:35:37.05	0:35:08.60	2:15:50.35	2:15:00.75
459	446	CARLY	MCILWAIN	FS	53	F		0:29:59.40	0:33:08.25	0:35:35.35	0:36:53.10	2:15:50.80	2:15:36.10
460	15	James	Alvey	MV1	54	M		0:29:57.45	0:31:42.35	0:34:36.25	0:39:08.00	2:16:02.05	2:15:24.05
461	140	Emma	Cole	FS	54	F		0:34:20.10	0:33:29.90	0:33:47.90	0:33:28.25	2:16:02.35	2:15:06.15
462	722	Shelley	Wilkinson	FV1	28	F		0:31:39.50	0:33:26.40	0:34:47.60	0:35:28.95	2:16:14.60	2:15:22.45
463	394	Tom	Lau	MV1	55	M		0:29:34.00	0:31:32.25	0:35:36.60	0:38:59.60	2:16:30.65	2:15:42.45
464	669	Ross	Thornton	MS	151	M		0:26:33.30	0:31:21.45	0:37:22.30	0:41:48.50	2:17:10.10	2:17:05.55
465	146	Tony	Colver	MV3	30	M	Bexley AC	0:32:15.05	0:33:37.35	0:34:58.55	0:36:23.45	2:17:27.05	2:17:14.40
466	683	Rebecca	Triggs	FS	55	F		0:31:44.00	0:33:29.50	0:35:36.75	0:36:21.90	2:17:33.40	2:17:12.15
467	682	Tim	Triggs	MV1	56	M		0:31:44.15	0:33:29.55	0:35:37.15	0:36:22.10	2:17:34.20	2:17:12.95
468	328	Tim	Holland	MV1	57	M		0:30:59.85	0:33:30.35	0:35:20.15	0:37:28.60	2:17:43.80	2:17:18.95
469	222	Philippa	Erasmus	FV5	7	F		0:31:56.00	0:34:23.25	0:34:34.85	0:36:22.95	2:17:47.35	2:17:17.05
470	563	Charlie	Reid	MV3	31	M		0:32:43.60	0:34:04.30	0:34:38.90	0:35:46.25	2:18:04.15	2:17:13.05
471	530	Alia	Pike	FS	56	F		0:32:24.95	0:34:29.85	0:35:08.50	0:35:40.50	2:18:30.60	2:17:43.80
472	527	Sarah	Pettefer	FV3	26	F	26.2 Road Runners	0:31:00.50	0:32:18.75	0:36:19.70	0:38:33.00	2:18:36.90	2:18:11.95
473	420	Alethea	Lowles	FV4	6	F		0:31:28.95	0:33:08.85	0:35:28.25	0:38:28.15	2:19:09.50	2:18:34.20
474	9	Jason	Aldridge	MV1	58	M		0:30:54.70	0:33:38.65	0:36:41.60	0:37:28.65	2:19:11.40	2:18:43.60
475	168	Karen	Daniels	FV3	27	F	Thanet Road Runners AC	0:32:22.40	0:34:18.45	0:35:52.45	0:35:57.70	2:19:14.00	2:18:31.00

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
476	166	Fiona	Crummay	FV3	28	F		0:32:39.90	0:33:28.15	0:34:31.60	0:38:03.50	2:19:16.85	2:18:43.15
477	489	Richard	Newbigin	MS	152	M		0:30:28.80	0:33:11.85	0:35:49.10	0:38:54.85	2:19:26.00	2:18:24.60
478	592	Jackie	Saull-Hunt	FV1	29	F		0:32:49.95	0:33:55.50	0:35:48.15	0:36:22.00	2:19:27.75	2:18:55.60
479	182	Tania	Dennett	FS	57	F		0:32:49.40	0:33:55.60	0:35:48.40	0:36:28.20	2:19:34.50	2:19:01.60
480	128	Elizabeth	Clark	FV1	30	F	Reigate Priory AC	0:33:26.35	0:34:03.10	0:35:04.40	0:36:21.15	2:19:39.25	2:18:55.00
481	635	Gillian	Stone	FV7	1	F	Hart Road Runners	0:31:48.80	0:32:47.25	0:35:29.10	0:39:11.95	2:19:52.45	2:19:17.10
482	453	Jon	Mellor	MV1	59	M		0:30:56.25	0:33:40.80	0:35:48.05	0:39:06.85	2:20:04.40	2:19:31.95
483	509	Elliott	Oshoko	MS	153	M		0:29:19.75	0:33:14.80	0:35:45.15	0:41:55.85	2:20:20.30	2:20:15.55
484	609	Louise	Smart	FV3	29	F		0:33:41.35	0:34:44.40	0:35:24.30	0:36:04.25	2:20:26.95	2:19:54.30
485	556	Lucy	Raybould	FV1	31	F		0:32:52.75	0:34:03.55	0:35:41.35	0:37:30.80	2:20:31.15	2:20:08.45
486	691	Peter	Verney	MV1	60	M		0:33:15.70	0:33:17.30	0:34:55.15	0:38:10.80	2:20:32.15	2:19:38.95
487	522	Julie	Peacock	FV2	27	F		0:31:51.90	0:33:22.65	0:36:32.90	0:38:19.55	2:20:39.15	2:20:07.00
488	349	Helen	Hunnisett	FV1	32	F		0:31:28.95	0:33:53.60	0:35:37.35	0:39:28.90	2:20:55.30	2:20:28.80
489	562	Gordon	Reid	MV2	57	M	Bexhill Runners	0:32:13.40	0:33:38.50	0:35:59.75	0:38:52.00	2:21:14.70	2:20:43.65
490	200	Damien	Dudon	MS	154	M		0	0:29:04.35	0:33:36.90	0:50:29.75	2:21:29.75	0
491	150	Greg	Corona	MS	155	M		0	0:33:28.00	0:36:36.50	0:40:18.40	2:21:29.80	0
492	45	Camilla	Barker	FS	58	F		0:36:57.30	0:35:07.15	0:35:21.20	0:33:30.15	2:21:48.20	2:20:55.80
493	353	Nuvit	Hussein	FV4	7	F	East End Road Runners	0:32:30.70	0:33:32.40	0:35:17.05	0:39:56.65	2:22:14.40	2:21:16.80
494	464	Kay	Mitchell	FV3	30	F	East End Road Runners	0:34:18.50	0:34:23.30	0:36:01.05	0:36:47.00	2:22:28.05	2:21:29.85
495	549	Clifford	Punter	MV2	58	M		0:30:08.85	0:32:32.00	0:36:13.15	0:43:19.35	2:22:35.65	2:22:13.35
496	81	Hayley	Brent-Isherwood	FS	59	F		0:35:09.00	0:34:55.15	0:35:57.90	0:35:57.00	2:22:54.40	2:21:59.05
497	169	Michael	Darling	MV1	61	M		0:35:09.15	0:34:54.95	0:35:57.35	0:35:57.75	2:22:54.40	2:21:59.20
498	721	James	Wilkinson	MS	156	M		0:31:40.30	0:33:26.75	0:35:02.50	0:42:17.65	2:23:18.45	2:22:27.20
499	647	Sally	Talbot	FV1	33	F		0:32:49.70	0:34:27.60	0:36:14.60	0:39:41.05	2:23:27.35	2:23:12.95
500	655	Agni	Theologou	FS	60	F		0:33:45.15	0:33:23.80	0:36:07.00	0:39:33.75	2:23:45.05	2:22:49.70
501	733	Gary	Winterton	MV2	59	M	Team Lifestyle	0:35:37.55	0:34:37.55	0:35:52.80	0:37:36.10	2:24:01.90	2:23:44.00
502	725	Nick	Williams	MV1	62	M		0:31:06.30	0:33:58.75	0:37:42.65	0:41:18.35	2:24:34.30	2:24:06.05
503	180	Emma	Dengate	FS	61	F		0:33:15.40	0:34:06.30	0:36:59.40	0:39:40.40	2:24:58.85	2:24:01.50
504	672	Helen	Tickner	FV2	28	F	Hailsham Harriers	0:31:41.80	0:35:44.20	0:38:23.45	0:38:45.50	2:24:59.55	2:24:34.95
505	303	Thomas	Harrison	MS	157	M	St Marys Tri	0:33:21.65	0:35:13.75	0:37:03.75	0:38:22.70	2:25:04.40	2:24:01.85
506	341	Phillip	Howells	MV5	13	M	Tewkesbury AC	0:35:44.70	0:35:19.85	0:36:32.80	0:37:10.15	2:25:20.30	2:24:47.50
507	143	Kathryn	Coles	FV1	34	F	Hastings Runners	0:35:44.15	0:35:20.00	0:36:32.75	0:37:10.50	2:25:20.55	2:24:47.40
508	461	Catherine	Mills	FV1	35	F		0:32:32.70	0:35:52.60	0:37:54.20	0:38:14.90	2:25:34.10	2:24:34.40
509	554	Sally	Randall	FV1	36	F		0:36:48.95	0:35:19.20	0:36:08.00	0:36:42.85	2:25:41.35	2:24:59.00
510	311	Sally	Hayes	FV2	29	F	Bexhill Runners	0:32:14.50	0:35:04.60	0:37:19.45	0:40:44.20	2:25:52.90	2:25:22.75
511	715	Alan	Whittington	MV2	60	M	Bexley AC	0:32:15.15	0:33:37.95	0:37:34.85	0:42:25.70	2:26:06.50	2:25:53.65
512	745	Cordelia	Slaughter	FV4	8	F	Bexhill Runners	0:34:17.25	0:34:54.15	0:37:39.45	0:38:47.40	2:26:19.20	2:25:38.25

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
513	7	Sue	Alabaster	FV4	9	F		0:32:43.25	0:35:00.75	0:37:37.05	0:40:43.00	2:26:55.90	2:26:04.05
514	740	Mark	Woollaston	MS	158	M		0:31:12.30	0:34:10.70	0:38:07.05	0:42:40.75	2:27:04.40	2:26:10.80
515	257	Sharon	Garrod	FV2	30	F		0:35:26.85	0:36:12.70	0:36:31.45	0:38:22.85	2:27:12.05	2:26:33.85
516	177	Laura	De Neumann	FS	62	F		0:30:32.50	0:32:34.40	0:38:49.65	0:45:10.65	2:27:37.65	2:27:07.20
517	476	Sharon	Moyce	FV3	31	F		0:32:54.55	0:38:52.65	0:37:07.35	0:38:51.70	2:28:18.90	2:27:46.25
518	324	Jason	Hoad	MV1	63	M		0:31:35.70	0:36:03.50	0:39:49.55	0:41:01.40	2:28:57.90	2:28:30.15
519	121	Simon	Chapman	MS	159	M	Bexhill Runners	0:32:44.15	0:34:43.15	0:37:32.35	0:43:25.10	2:29:03.40	2:28:24.75
520	58	Julie	Beerling	FV3	32	F	Hastings Runners	0:34:08.80	0:35:51.35	0:38:50.55	0:39:42.25	2:29:04.20	2:28:32.95
521	51	Holly	Beaney	FS	63	F	Horsham Joggers	0:34:47.65	0:37:23.30	0:37:43.20	0:38:34.90	2:29:07.20	2:28:29.05
522	493	Helen	Norman	FS	64	F		0:34:35.85	0:40:27.05	0:35:35.30	0:39:10.85	2:29:58.15	2:29:49.05
523	21	Elizabeth	Andrews	FS	65	F		0:37:10.55	0:36:09.80	0:36:08.75	0:40:25.45	2:30:37.10	2:29:54.55
524	533	Tad	Piotrowski	MS	160	M		0:37:11.45	0:36:09.25	0:36:08.80	0:40:25.35	2:30:37.65	2:29:54.85
525	151	LORNA	COTTER	FV3	33	F		0:35:40.95	0:36:49.40	0:38:53.10	0:39:00.20	2:30:40.40	2:30:23.65
526	577	Richard	Rogers	MS	161	M		0:32:58.50	0:36:50.40	0:41:33.40	0:39:39.55	2:31:18.65	2:31:01.85
527	634	Tim	STICKLAND	MV4	15	M		0:34:37.55	0:35:26.00	0:37:20.95	0:43:35.65	2:32:00.70	2:31:00.15
528	357	Asllani	Irakli	MS	162	M		0	0:38:35.65	0:38:25.30	0:42:15.90	2:32:46.75	0
529	605	Amanda	Skilton	FV2	31	F		0:37:22.15	0:36:39.35	0:38:24.10	0:40:28.15	2:33:23.05	2:32:53.75
530	158	Peter	Cross	MV4	16	M		0:33:47.70	0:35:50.70	0:39:55.35	0:43:56.95	2:34:06.30	2:33:30.70
531	545	SUSAN	PRICE	FS	66	F		0:34:28.40	0:36:08.80	0:40:38.80	0:42:15.10	2:34:07.60	2:33:31.10
532	172	Alex	Davis	FV1	37	F	Ashford and District RRC	0:35:55.10	0:37:55.10	0:39:10.90	0:40:22.80	2:34:09.10	2:33:23.90
533	78	Anita	Bracey	FV3	34	F		0:33:53.75	0:35:54.80	0:40:31.25	0:43:22.50	2:34:37.75	2:33:42.30
534	361	Phil	Jack	MV2	61	M		0:31:29.30	0:36:31.25	0:40:37.30	0:45:28.70	2:34:56.70	2:34:06.55
535	103	Alison	Butler	FS	67	F		0:37:49.10	0:39:21.60	0:38:31.90	0:39:18.70	2:35:53.45	2:35:01.30
536	511	Brian	Page	MV3	32	M	Sevenoaks AC	0:32:57.45	0:39:56.20	0:41:50.90	0:40:57.35	2:35:53.45	2:35:41.90
537	227	Joan	Fabian	FV5	8	F	Ashford and District RRC	0:35:49.20	0:36:19.15	0:40:33.45	0:42:46.40	2:36:13.55	2:35:28.20
538	413	Martel	Loft	FS	68	F		0:34:36.35	0:40:27.50	0:40:15.05	0:42:00.80	2:37:28.55	2:37:19.70
539	287	Heather	Guttery	FV4	10	F		0:36:02.85	0:37:05.50	0:40:58.95	0:43:03.85	2:37:49.65	2:37:11.15
540	251	Sarah	Fryer	FS	69	F	Arunners	0:37:34.85	0:38:29.65	0:41:00.75	0:42:14.90	2:40:13.85	2:39:20.15
541	495	Theresa	Northwood	FV3	35	F		0:34:16.00	0:40:02.85	0:43:15.85	0:43:28.10	2:41:47.20	2:41:02.80
542	670	David	Thurtle	MV7	1	M	East End Road Runners	0:35:08.15	0:38:06.30	0:42:04.35	0:46:24.75	2:42:39.80	2:41:43.55
543	385	Sheryl	Kilpatrick	FV1	38	F	Bexhill Runners	0:36:05.40	0:39:07.20	0:42:17.35	0:45:21.20	2:43:32.00	2:42:51.15
544	409	Della	lilycrop	FV2	32	F		0:32:42.00	0:37:17.85	0:46:08.80	0:48:05.10	2:44:44.35	2:44:13.75
545	181	Sally	Denman	FV3	36	F		0:35:11.60	0:36:27.70	0:43:45.75	0:48:48.25	2:45:08.00	2:44:13.30
546	99	Stella	Burton	FV4	11	F		0:36:29.70	0:40:14.45	0:42:37.70	0:45:13.50	2:45:13.50	2:44:35.35
547	624	Sarah	Staples	FV1	39	F		0:37:08.15	0:40:04.35	0:42:19.45	0:45:01.20	2:45:18.95	2:44:33.15
548	625	James	Staples	MS	163	M		0:35:20.65	0:39:00.20	0:44:57.85	0:45:14.15	2:45:19.15	2:44:32.85
549	120	Mark	Chapman	MS	164	M		0:36:04.05	0:42:05.95	0:43:57.65	0:43:02.20	2:45:43.90	2:45:09.85

Pos	Bib	First Name	Last Name	Cat	Cat Pos	Gender	Club	Lap1	Lap2	Lap3	Lap4	Finish Time	Pers Chip Time
550	665	Suzie	Thornburrow	FS	70	F	Hastings Runners	0:37:43.25	0:40:02.15	0:41:54.45	0:45:30.60	2:46:04.15	2:45:10.45
551	502	Karina	O'Neill	FV1	40	F	Vegan Runners UK	0:37:43.00	0:40:02.20	0:41:54.80	0:45:30.90	2:46:04.30	2:45:10.90
552	65	Jacqui	Blazeka	FV3	37	F		0:38:12.05	0:39:47.15	0:43:21.50	0:44:46.45	2:46:19.50	2:46:07.15
553	675	Emily	Tilbrook	FS	71	F		0:37:47.45	0:39:59.55	0:42:17.85	0:49:27.05	2:50:33.00	2:49:31.90
554	566	Simon	Revill	MS	165	M		0:35:30.50	0:40:40.95	0:45:55.75	0:47:44.80	2:50:40.30	2:49:52.00
555	494	Theresa	Northwood	FV3	38	F		0:37:58.00	0:42:17.05	0:44:59.50	0:45:50.15	2:51:48.45	2:51:04.70
556	210	Penny	Eaton	FS	72	F		0:37:50.45	0:42:38.40	0:44:12.55	0:46:33.05	2:52:06.50	2:51:14.45
557	719	Lizzie	Wilkinson	FV2	33	F	Serpentine RC	0:40:48.65	0:43:32.65	0:49:11.60	0:46:02.55	2:59:53.80	2:59:35.45
558	636	Claire	Stone	FV2	34	F		0:40:05.50	0:45:09.50	0:48:38.40	0:49:00.20	3:03:40.60	3:02:53.60
559	343	Amanda	Hoxha	FV1	41	F		0:41:45.70	0:47:26.70	0:51:15.05	0:54:31.60	3:15:48.05	3:14:59.05
560	193	Eddie	Dolan	MV8	1	M	Bexhill Runners	0:43:53.45	0:46:06.25	0:50:33.50	0:56:47.35	3:18:19.35	3:17:20.55
DNF	1	Ian	Aarons	MS	DNF	M		0:23:20.75	0	0:00:00.00	0:00:00.00	DNF	DNF
DNF	10	Scott	Alexander	MS	DNF	M		0:28:14.20	0	0:00:00.00	0:00:00.00	DNF	DNF
DNF	94	Martin	Burke	MV4	DNF	M	Wadhurst Runners	0:35:16.15	0	0:00:00.00	0:00:00.00	DNF	DNF
DNF	154	Philip	Cox	MS	DNF	M		0:22:04.00	0:22:38.95	0	0:00:00.00	DNF	DNF
DNF	41	Chris	Baldam	MS	DNF	M	Horsham Joggers	0:25:49.55	0:25:30.65	0	0:00:00.00	DNF	DNF
DNF	727	Elin	Williamson	FS	DNF	F		0:25:18.50	0:27:47.95	0	0:00:00.00	DNF	DNF
DNF	346	Simon	Hughes	MS	DNF	M		0:30:35.25	1:02:31.95	0	0:00:00.00	DNF	DNF
DNF	470	Phil	Moore	MV3	DNF	M		0:27:33.30	0:28:54.90	0:31:08.30	0	DNF	DNF
DNF	414	Alan	Logan	MV7	DNF	M	Arunners	0:35:21.75	0:32:28.90	0:40:00.25	0	DNF	DNF
DNF	126	Robert	Claridge	MV7	DNF	M	Hastings Runners	0:39:12.45	0:41:16.35	0:43:01.25	0	DNF	DNF